

FIG. 1 is a block diagram of a computer system 10. The system 10 includes a processor 12, memory 14, an I/O controller 16, a network interface 18, a display 20, an input device(s) 22, a hard disk drive 24, a floppy disk drive 26, and a tape drive 28. The processor 12, memory 14, I/O controller 16, and network interface 18 are connected to a system bus 30. The display 20, input device(s) 22, hard disk drive 24, floppy disk drive 26, and tape drive 28 are also connected to the system bus 30.

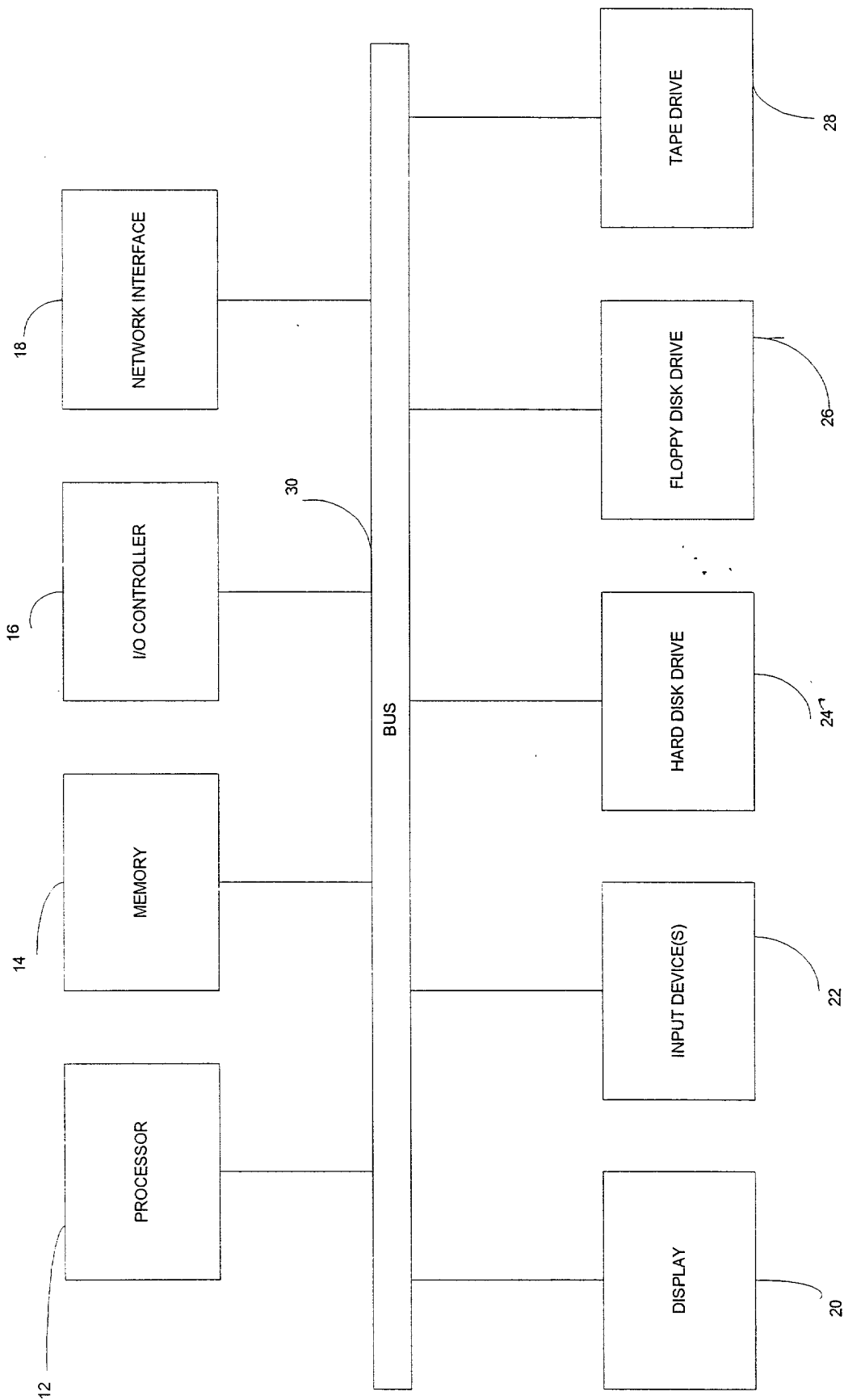


FIGURE 1

Menopause Survey Start
Information previously gathered:
age
BMI

Sample Flow Chart of One User's Interactive Survey

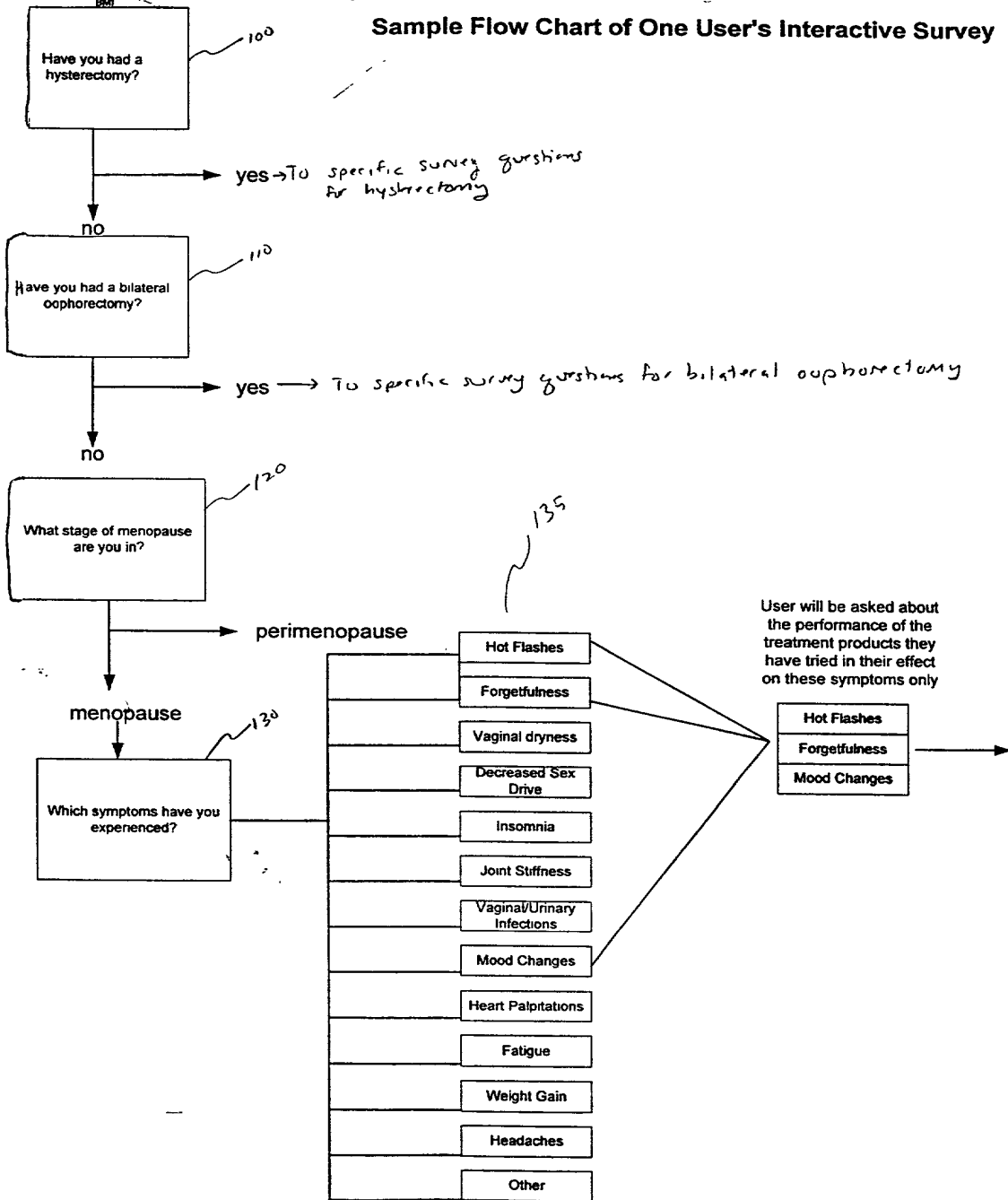


FIGURE 2(A)

continued
previous
page)

Sample Flow Chart of One User's Interactive Survey

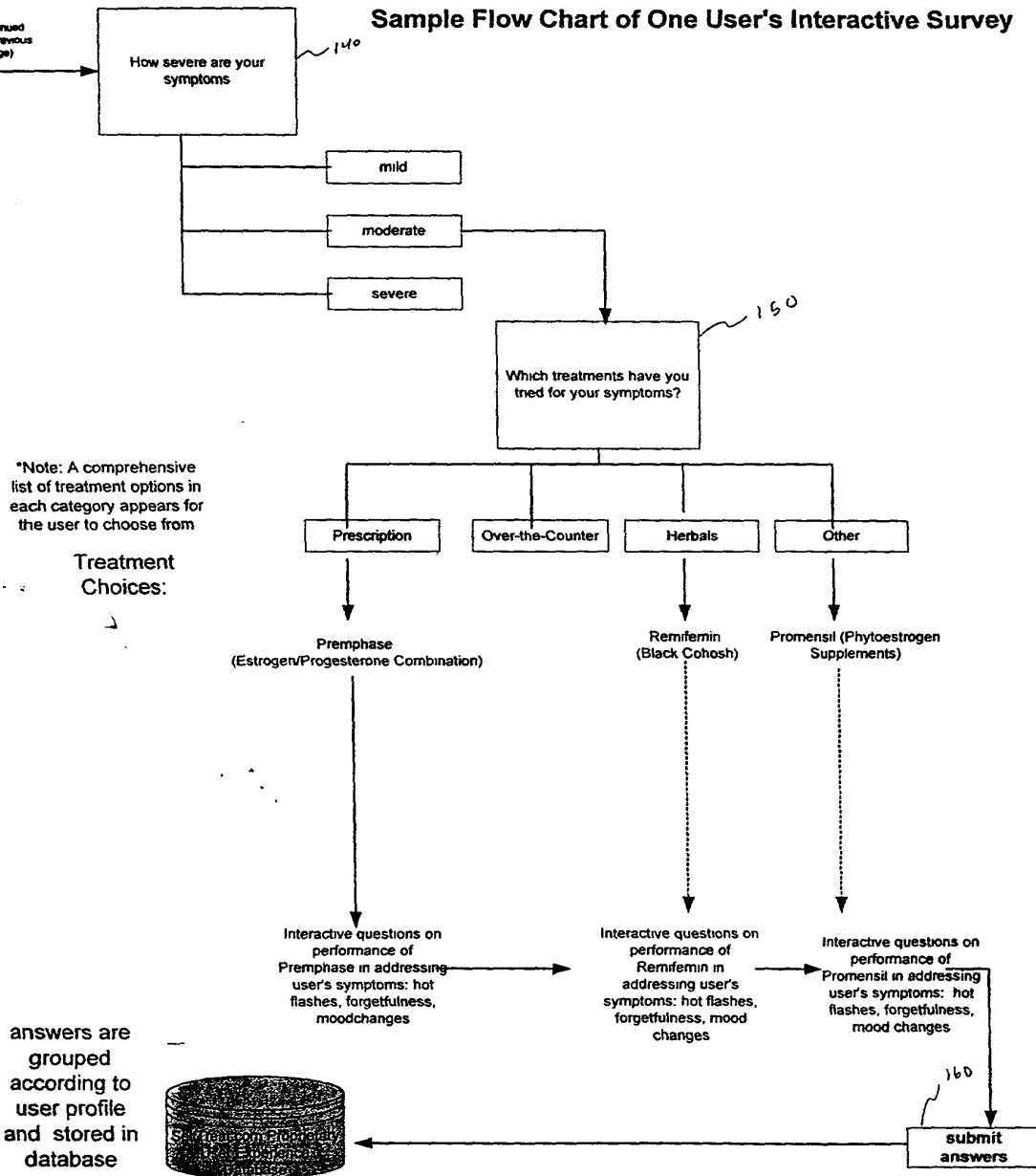


FIGURE 2(B)



SelfTreat.com

Senior Housing Search - Find Retirement Communities, Assisted Living & Nursing Homes

Choose A State

Search

SENIOR HOUSINGNET
www.seniorhousing.net

Expert Opinion

Physician Review

A panel of physicians review our data and report new discoveries!

Ask the Specialist

Ask an ophthalmologist a question

Ask an OB/GYN a question

Community



ConditionLink

you're Not Alone!

Find someone with menopause symptoms just like you!

Find someone with Vision experiences just like you!

Nutrition



Eat Well. Be Well

Help alleviate menopause symptoms with nutrition. Ask Dr. Smith author of Healing with Nutrition

Enter A
Condition
Center

Allergy

Arthritis

Back Pain

Depression

Hair Loss

Hearing

Menopause

PMS

Prostate

Sleep Disorders

Smoking Addiction

Vision

Weight Loss

Wrinkles

New User? Register Here!

SEARCH

Membership Benefits:

- Free home page customized to your health interests. Cutting edge medical news, new product launches, clinical trial studies—all delivered to your page daily!
- Email Alerts—receive news direct to your inbox
- Special personalized user ratings on your health interests (not available to non members)
- ConditionLink—a free service to link people with similar symptoms and treatment results to share their experiences

User Name

Password

(max 10 char.)

Email

Which condition centers would you like to subscribe to

☐ Allergy

☐ Hair Loss

☐ Prostate

☐ Weight Loss

☐ Arthritis

☐ Hearing

☐ Sleep Disorders

☐ Wrinkles

☐ Back Pain

☐ Menopause

☐ Smoking Addiction

☐ Depression

☐ PMS

☐ Vision

In the areas I indicated above, I would like to receive

☐ New Product Alerts

☐ Breaking News

☐ Email Newsletters

☐ Clinical Trials Available

In order to customize your treatment results, please fill in the following user profile

• Male

Year of Birth

Height

In/feet

Female

Weight

lbs

Are you a smoker Yes • No

more

[About SelfTreat.com](#) & [Health Advisory Panel](#) & [Privacy Statement](#) & [Disclaimer](#) & [Contact Us](#)

FIGURE 3(A)



SelfTreat.com



Expert Opinion

Physician Review

A panel of physicians review our data and report new discoveries.

As the Specialist

As an OB GYN a

ustion

Enter A

Allergy

Arthritis

Back Pain

Depression

Hair Loss

Condition
Center

Hearing

Menopause

PMS

Prostate

Sleep Disorders

Smoking Addiction

Vision

Weight Loss

Wrinkles

SEARCH

USER 28's Menopause Center

About
Menopause

Menopause
Treatment
Options

Treatment
Option
Ratings

Community

Chat

Menopause

Message Board

Menopause



ConditionLine

ou're Not Alone!

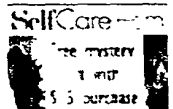
Find someone with
menopause symptoms
just like you!

Nutrition



Eat all.
Be all.

Help alleviate
menopause symptoms
with nutrition. Ask Dr.
Smith author of *Healing
with Nutrition*



Menopause Treatment Survey

Please tell us about yourself:

1. Age Group:

40-45

2. Severity of Symptoms:

Moderate

3. What stage of menopause are you in?

Menopause

4. Have you had a bilateral oophorectomy?

removal of both ovaries

Yes No

5. Have you had a hysterectomy?

removal of uterus

Yes No

6. Which symptoms have you experienced?

Decreased Sex Drive

Hot Flashes

Fatigue

Vaginal Dryness

Vaginal/Urinary Infections

Mood Changes

Forgetfulness

Fatigue

Headaches

Insomnia/Sleeplessness

Please tell us which treatments for your menopause symptoms you have used:

Prescription

None

TC

Progesterone Cream

Herbals/Supplements

Black Cohosh

CONTINUE

FIGURE 3 (B)



SelfTreat.com



Expert Opinion

Physician Review
A panel of physicians review our data and report new discoveries.

As the Specialist
As an OB GYN a question

Enter A
Condition
Center

Allergy Arthritis Back Pain Depression Hair Loss
Hearing Menopause PMS Prostate Sleep Disorders
Smoking Addiction Vision Weight Loss Wrinkles

SEARCH

USER 28's Menopause Center

About
Menopause

Menopause
Treatment
Options

Treatment
Option
Ratings

Community

Chat

Menopause

Message Board

Menopause

ConditionLink

you're Not Alone!
Find someone with
menopause symptoms
just like you!

Nutrition

Eat all.
Be all

Help alleviate
menopause symptoms
with nutrition. Ask Dr.
Smith author of Healing
with Nutrition

SelfCare

Free mystery
1 year
purchase

Menopause Treatment Survey

8. Please rate the effectiveness of *Black Cohosh* in treating your menopause symptoms:

Hot Flashes	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Not Effective
Vaginal Dryness	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective
Mood Changes	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective
Fatigue	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective

Please tell us of any side effects you may have experienced while taking *Black Cohosh*:

☐ Headache ☐ Drowsiness
☐ Dry Mouth ☐ Other (please specify) _____

10. Please tell us about the natural progesterone cream that you used to treat your menopause symptoms:

Brand Name? How often do you use it?

11. Please rate the effectiveness of *ProGest* in treating your menopause symptoms:

Hot Flashes	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Not Effective
Vaginal Dryness	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective
Mood Changes	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective
Fatigue	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5	Very Effective

12. Please tell us of any side effects you may have experienced while taking *ProGest*:

☐ Vaginal bleeding/spotting ☐ Abdominal Cramps ☐ Other (please specify) _____
☐ Change in sex drive ☐ Rashes or skin irritation

FIGURE 3(c)



Expert Opinion

Physician Review
A panel of physicians review our data and report new discoveries.

As the Specialist
As an OB-GYN a question

Enter A
Condition
Center

Allergy Arthritis Back Pain Depression Hair Loss
Hearing Menopause PMS Prostate Sleep Disorders
Smoking Addiction Vision Weight Loss Wrinkles



SEARCH



USER 28's Menopause Center

About
Menopause

Menopause
Treatment
Options

Treatment
Option
Ratings

Community

Chat
Menopause
Message Board
Menopause

ConditionLin
ou're Not Alone!
Find someone with
menopause symptoms
ust like you!

Nutrition

**Eat ell.
Be ell.**
Help alleviate
menopause symptoms
with nutrition. Ask Dr.
Smith author of Healing
with Nutrition

SelfCare.com
Life mystery
the what
the purchase

Thanks for your input!

You have earned a \$5 coupon which will be accepted by the following vendors:



MotherNature.com

drugstore.com

more.

Or you have earned an E-gift certificate for \$5

Or a \$5 donation to the North American Menopause Society will be made on your behalf

Double your coupon by filling out the optional second page of survey!

SECOND PAGE

FIGURE 3(D)

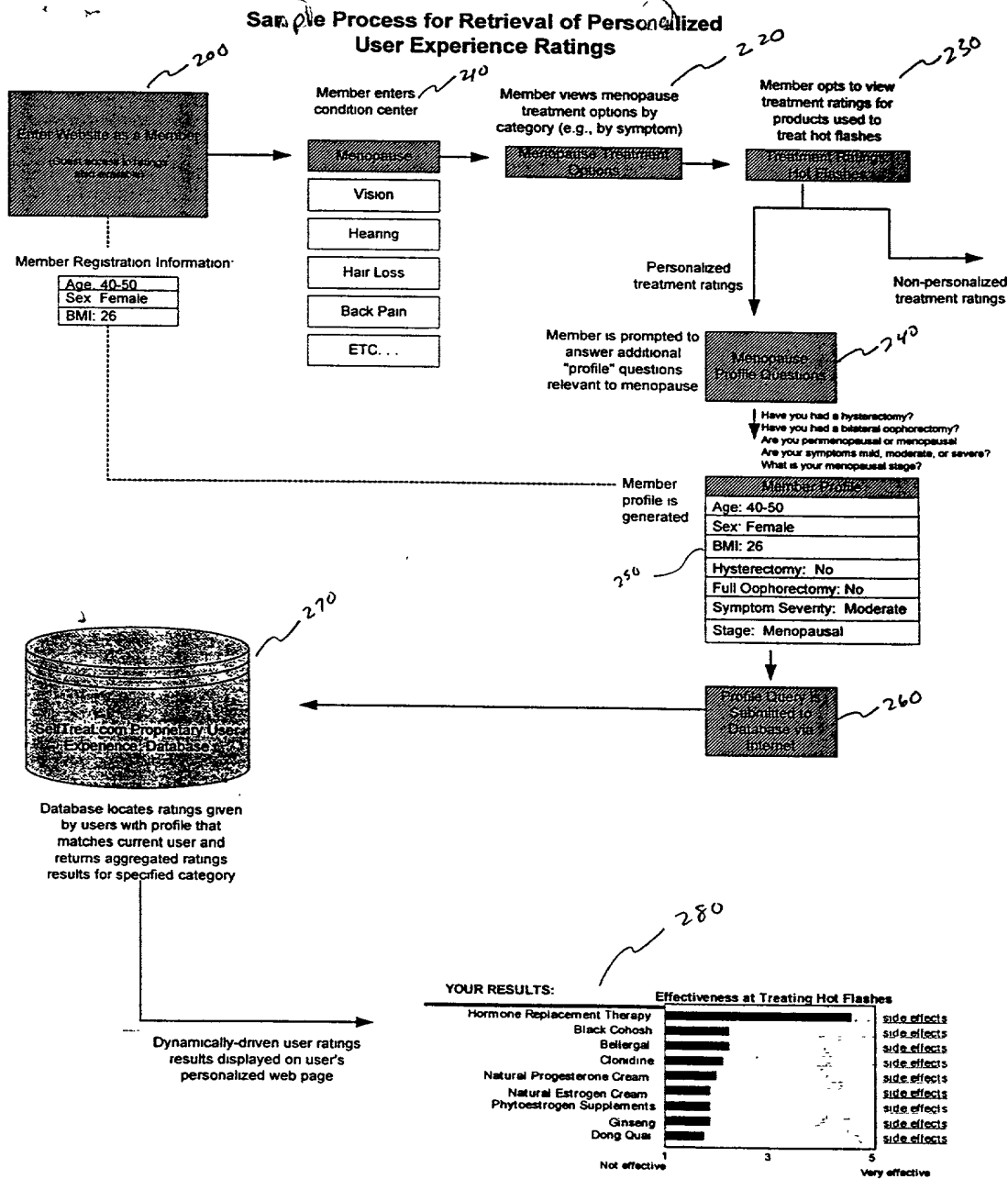


FIGURE 4



SelfTreat.com

Senior Housing Search - Find Retirement Communities, Assisted Living & Nursing Homes

Choose A State



SENIOR HOUSINGNET
www.seniorhousing.net

Expert Opinion

Physician Review
A panel of physicians review our data and report new discoveries.

As the Specialist

As an OB-GYN, a question

Community

Chat
Menopause
Message Board
Menopause

Condition in

you're Not Alone!

Find someone with menopause symptoms just like you!

nutrition

Eat Well Be Well
Help alleviate menopause symptoms with nutrition. Ask Dr. Smith author of *Healing with Nutrition*

Enter A

Allergy

Arthritis

Back Pain

Depression

Hair Loss

Condition Center

Hearing

Menopause

PMS

Prostate

Sleep Disorders



Smoking Addiction

Vision

Weight Loss

Wrinkles

SEARCH



USER 28's Menopause Center

About Menopause

Menopause Treatment Options

Treatment Option Ratings

How effectively do the available treatments alleviate the symptoms of menopause?

Answer the questions below to see ratings given by women similar to you.

USER 28's Profile

Sex: F

Body Mass Index: 28

Smoker? No

Age: 45-50

Change my Profile

*Severity of Symptoms

Moderate

*Menopausal Stage

Perimenopausal

*Have you had a hysterectomy removal of uterus

Yes () No (x)

*Have you had a bilateral oophorectomy removal of both ovaries

Yes () No (x)

*Which symptoms have you experienced

() Decreased Sex Drive

(x) Hot Flashes

() Fatigue

(x) Vaginal Dryness

() Vaginal/urinary Infections

() Heart Palpitations/Anxiety

(x) Mood Changes

(x) Forgetfulness

() Fatigue

() Headaches

() Insomnia/Sleeplessness

SUBMIT

[About SelfTreat.com](#) & [Health Advisory Panel](#) & [Privacy Statement](#) & [Disclaimer](#) & [Contact Us](#)

FIGURE 5(A)



SelfTreat.com

Senior Housing Search - Find Retirement Communities, Assisted Living & Nursing Homes

Choose A State

Search

SENIOR HOUSINGNET
www.seniorhousing.net

Expert Opinion

Physician Review
A panel of physicians review our data and report new discoveries.

As the Specialist
As an OB-GYN a question

Enter A
Condition
Center

Allergy Arthritis Back Pain Depression Hair Loss

Hearing Menopause PMS Prostate Sleep Disorders

Smoking Addiction Vision Weight Loss Wrinkles

SEARCH

USER 28's Menopause Center

About
Menopause

Menopause
Treatment
Options

Treatment
Option
Ratings

Community

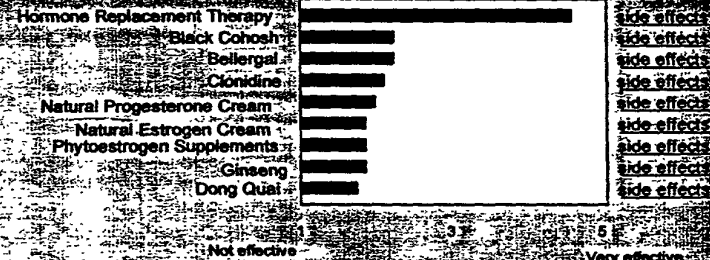
Chart
Menopause
Message Board
Menopause

Condition Link
You're Not Alone!
Find someone with menopause symptoms just like you!

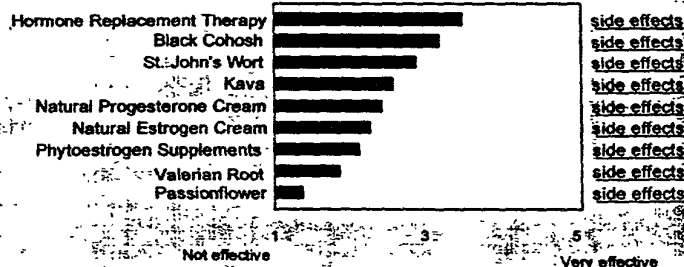
nutrition
**Eat all
Be all**
Help alleviate menopause symptoms with nutrition. Ask Dr. Smith author of *Healing with Nutrition*

YOUR RESULTS:

Effectiveness at Treating Hot Flashes



Effectiveness at Treating Mood Changes



Effectiveness at Treating Multiple Symptoms



FIGURE 5(B)



SelfTreat.com

W

Expert Opinion

Physician Review
A panel of physicians review our data and report new discoveries.

As the Specialist
As an OB/GYN, a question

Enter A
Condition
Center

Allergy Arthritis Back Pain Depression Hair Loss

Hearing Menopause PMS Prostate Sleep Disorders

Smoking Addiction Vision Weight Loss Wrinkles

SEARCH

USER 28's Menopause Center

About
Menopause

Menopause
Treatment
Options

Treatment
Option
Ratings

Community

Chat
Menopause
Message Board
Menopause

ConditionLin

ou're Not Alone!
Find someone with
menopause symptoms
just like you!

Nutrition

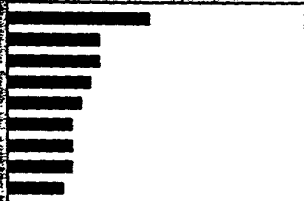
**Eat ell
Be ell**
Help alleviate
menopause symptoms
with nutrition. Ask Dr.
Smith author of *Healing
with Nutrition*

SelfCare
The mystery
1 with
\$25 purchase

YOUR RESULTS

Effectiveness at Treating Vaginal Dryness

Hormone Replacement Therapy
Black Cohosh
Bellerbal
Clonidine
Natural Progesterone Cream
Natural Estrogen Cream
Phytoestrogen Supplements
Ginseng
Dong Quai



side effects
side effects
side effects
side effects
side effects
side effects
side effects
side effects
side effects

See More Ratings

Rx:

Clonidine

OTC:

Progesterone Cream

Herbals

Black Cohosh

Supplements

Bioflavones

Share your treatment experiences with others and
receive a \$5 gift certificate from MotherNature.com

[Click Here!](#)

[About SelfTreat.com](#) & [Health Advisory Panel](#) & [Privacy Statement](#) & [Disclaimer](#) & [Contact Us](#)

FIGURE 5(C)